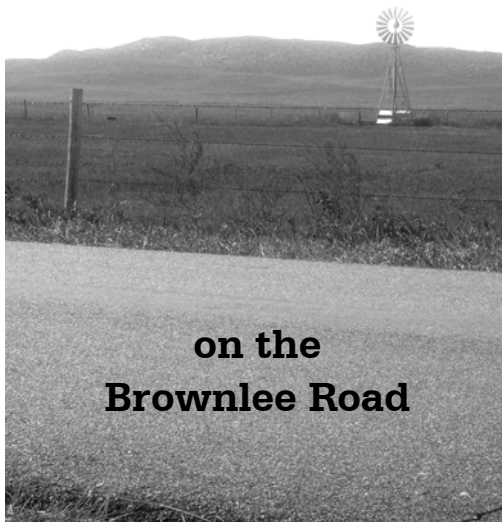


Sandhills Marathon, Inc.
1927 Otoe Street
Lincoln NE 68502

The
3^d Annual
**Sandhills
Marathon**



on the
Brownlee Road

Cherry County, Nebraska

Full & Half Marathons
Saturday, June 13, 2009

**2009
SPONSORS**



Holiday Inn Express — Valentine



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Sandhills Marathon

Course Description

This year's **Sandhills Marathon** will begin near the west end of the Brownlee Road, where it meets Highway 97, between Mullen and Valentine. The Road, a one-lane blacktop, winds south-east through the Wamaduze Valley until it reaches the town of Brownlee (unincorporated), then runs east along the north bank of the North Loup River. The course finishes on Highway 83, between Mullen and Valentine.

The **Half Marathon** will begin at the half-way point about the time the full marathoners are reaching that point. The courses are mainly flat with the road traveling through valleys between rolling Sandhills on either side. There are a few hills, but only a couple that are substantial.

Limited **transportation** will be provided to and from the course.

Aid Stations

Water will be available about every 3 miles along the route. **Gels** will be available at water stations later in the race. **First aid** supplies will be available at all aid stations.

Stragglers' Wagon

A car will follow the runners to assist with anyone who is unable to continue.

Lodging

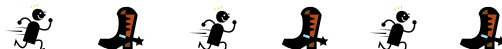
Holiday Inn Express: 402.376.3000*

Comfort Inn: 402.376.3300*

* Blocks available for **limited time**. Say you're with the *Sandhills Marathon*.

Questions?

Contact Andy Pollock at 402.480.0058 or apollock@remboltludtke.com.



Itinerary

Friday, June 12

3:00 to 8:00 p.m.

Packet Pick-up

Holiday Inn Express, Valentine

Saturday, June 13

5:30 a.m.

Shuttle Departs

From Holiday Inn Express Lobby to Marathon course

6:30 a.m.

Marathon Start Time

Brownlee Road & Highway 97

8:30 a.m. (approximate)

Half Marathon Start Time

6:00 p.m.

Dinner

Cedar Canyon Steakhouse - Valentine

Rewards

- ✍ 2009 *Sandhills Marathon* t-shirts will be given to all runners & volunteers.
- ✍ All marathon finishers will receive an engraved spur. Engraved horseshoes for half marathon finishers.
- ✍ Special awards for men's and women's winners of both events.

To Enter

Complete the registration form to the right. Entry fee is \$65.00 by May 15, \$75.00 after.

Field limited to first 55 entries, 30 Nebraska, 25 out-of-state.

Time Limit

All participants must finish their respective race *no later than 12 noon* (CDT).

Sandhills Marathon

Make checks payable to
Sandhills Marathon,
Inc. and mail to:

1927 Otoe St.
Lincoln NE 68502

Name (Last, First): _____ Email: _____

Street: _____ City: _____ State: _____ Zip: _____

Date of Birth: _____ Race Day Age: _____ Gender: male female

WAIVER: I know and understand that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of weather, including high heat, traffic, animals and the condition of the road and nearby surfaces, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Sandhills Marathon, Inc., and all organizers, sponsors, volunteers, vendors and others assisting with this event, and their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event, though that liability may arise out of negligence or carelessness on the part of the persons just identified.

Signature (of parent or guardian if under 18) _____ Date _____

Race Entered:	Full Marathon _____
Half Marathon _____	
T-shirt size:	S M L XL XXL